

A Weekly Update
For The Employees of
North Central Health Care

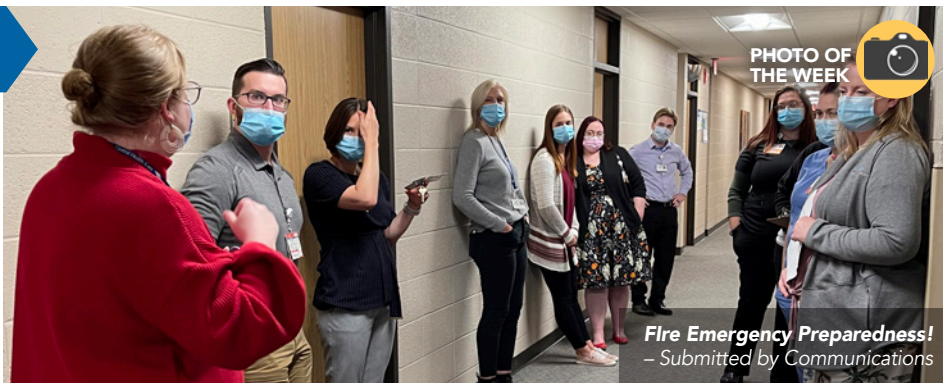


PHOTO OF
THE WEEK



NEWS YOU CAN USE

WEEKLY CONNECTION WITH OUR TEAM



Jarret Nickel
Operations
Executive

Employee Celebration Week is Around the Corner!

The week of October 4th will be NCHC's Annual Employee Celebration Week and we have a great week planned! The chosen theme this year is *carnival fun*, which posed new challenges with continuation of the pandemic, however our NCHC People & Culture Committee stepped up in a big way and have some great fun planned!

A few of the major events for our Employee Celebration Week will include food truck lunches in all three of the counties we serve. Each employee will be provided tickets that are equivalent to cash for use at each truck. For those not working during the hours of the food truck picnic, other food arrangements will be provided to your programs. Staff can eat at any food truck in any county of their choice, with food being served three days.

Also, part of Employee Celebration Week will include pre-ordering of T-shirts for all staff. A shirt selection link will be sent to your email, so be on the lookout or talk with your manager. You can also order your shirt at any one of the three picnics! In previous years, NCHC hosted an employee banquet to celebrate milestone anniversaries. Due to the pandemic, this was not possible last year, and will be canceled this year as well. We want to incorporate this event into our week of celebration. Each of our milestone employees receiving recognition certificates and gift cards can pick these gifts up at the Food Truck Rally.

Additionally, there will be prizes and give aways for each employee throughout the week, so be sure to connect with your manager to pick up your gifts! I encourage every NCHC employee to participate in our Employee Celebration Week this year, as it's a great time to come together as one.

Thank you for the work you do each day to provide and support the high-quality of service that we are known for.

ADMINISTRATOR ON-CALL
x4488 or 715.848.4488

In the event of Phone System Outage,
reference the O:drive "On-Call Information Folder"
for Schedule and Cell Phone #'s.

**Monday, Sept. 20 –
Sunday, Sept. 26**

Jaime Bracken



Go to Page for All the Details!

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Person-Centered

Shout out



Sierra Smith, MA
Outpatient Services

Why: Did an excellent job talking with Joint Commission staff on 8/05/21 !

Submitted By: Kristin King, RN



North Central Health Care

EMPLOYEE CELEBRATION

Week

OCTOBER 4 - 8, 2021

SCHEDULE OF EVENTS

MONDAY, OCTOBER 4TH

Dress-up Theme: NCHC Pride/Blue Day
Show off your North Central Pride. Wear any NCHC shirt or dress in blue!

Guessing Game: How Many Peanuts?

Video: 5-Year Anniversaries

TUESDAY, OCTOBER 5TH

Dress-up Theme: Favorite Carnival Character
Who's YOUR favorite carnival character? Is it the Ringleader, Magician or Snake Charmer? Maybe the Worlds Strongest Man, Jester, Lion Tamer or even lion himself. Get creative!

Guessing Game: How Many Popcorn Kernels?

Video: 10-Year Anniversaries

WEDNESDAY, OCTOBER 6TH

Dress-up Theme: Carnival Pattern Day
Wear red and white stripes or black and white checkers!

Guessing Game: How Many Candies?

Video: 15-Year Anniversaries

THURSDAY, OCTOBER 7TH

Dress-up Theme: Circus Day
Show us what you've got! Dress in Mismatched multicolors today. The louder the better!

Guessing Game: How Much Gum?

Video: 20-Year+ Anniversaries

FRIDAY, OCTOBER 8TH

Dress-up Theme: Rodeo Day
Bust out those Jeans and Belt Buckles. Cowboy Hats and Boots encouraged!

Guessing Game Winners Announced

Sweet Treat to End the Week!

DAILY PRIZES!

SUBMIT PHOTOS OF THEMED OUTFITS

Submit photos to NCHC Employee Communications Facebook page or email your photo submissions to communications@norcen.org every day to be entered into a random daily drawing for a \$20 Amazon card!

PLAY THE DAILY GUESSING GAME

Swing by the Food Truck Rally to participate in person, respond to the daily email, or comment on the NCHC Employee Communications Facebook post how many items you think are in each jar. Closest guesser every day wins a gift card!



FOOD TRUCK RALLY

Schedule

Lunch is on us! All NCHC staff to receive \$15 in food truck dollars!

ANTIGO | TUESDAY (10/5)

11:30am - 1:30pm

MERRILL | WEDNESDAY (10/6)

10:30am - 2:30pm

WAUSAU | THURSDAY (10/7)

10:00am - 6:00pm

*3rd shift staff will have food delivered.





**Wear a Mask – Maintain Social Distance – Wash Your Hands – Stay Home If You Are Sick.
Report Symptoms and Covid-19 Exposures to Employee Health and Manager**

Staff will continue to screen appropriately, report symptoms and not report to work if experiencing any signs of illness. Staff are required to use PLT or take unpaid leave due to symptoms or exposure. **Employee Health: 715.848.4396**

COUNTY POSITIVITY RATE

MARATHON: 7.8%

LINCOLN: 11.6%

LANGLADE: 12.3%

Please follow **Alert Level Response** based on the County Positivity Rate of your location.

PPE GUIDELINES

Visitors: Cloth face covering or surgical masks required by all. Visitors to Nursing Homes & Adult/Youth Inpatient Hospitals will be screened using the COVID Screener (Version 3). All other visitors will only require temperature check.

Employees: Face coverings required while entering the building. Self-screening required using temperature kiosks procedures. Surgical masks at a minimum required while within all NCHC buildings. Staff may remove masks while working alone in private offices.

Employees Working in Direct Patient/Resident Care:

Each patient/resident care area will be designated as being in Standard, Enhanced or Covid-19 Confirmed/Suspected Precautions. Units on Enhanced or Covid-19 Confirmed/Suspected Precautions must have it clearly posted on the entrance to the unit.

- o **Standard Precautions** – Surgical Mask and Gloves required. Eye Protection (face shield, goggles or safety glasses) required during applicable isolation precautions.
- o **Enhanced Precautions** – Surgical Mask, Eye Protection (Face shield, goggles or safety glasses), Gloves and Gown during patient encounters required.
- o **Covid-19 Confirmed/Suspected Precautions** – N95 Mask, Eye Protection (Face shield, goggles or safety glasses), Gloves and Gown during patient encounters required.

NCHC COVID-19 WEEKLY CASE REPORT

Confidential Employee Report

Employee Cases Reported through September 16, 2021

Cases reported below are current active employee cases. All employee cases previously reported that are no longer shown below have been cleared to return to work from NCHC Employee Health and local health officials based on a review of the individual case details.

Program	Current Active Employee Cases	Date Reported
New Cases		
No new cases reported this week.		
Previously Reported		
MVCC – Southern Reflections & Gardenside	1	9/9
Laundry – Wausau	1	9/8
Total Active Employee Cases	2	

GENERAL OPERATIONAL GUIDELINES

Program admissions, closures, and operations will be determined by Incident Command daily. Updates provided to staff at least weekly.

Direct Care/Visitors

- Essential visitors and contractors only.
- In-person treatment allowed in all programs. Masks and social distancing required. All areas require departmental cleaning procedures for pre/post in-person visits. Virtual treatment optional.
- In-Person Visitation allowed at Nursing Homes, Inpatient Hospitals, CBRF and Residential Homes (unless noted to right).
 - Program-established visiting hours.
 - Visitation limited to designated visiting areas or resident rooms only. No other travel throughout facilities. 2 visitors maximum per resident/patient at any time. Length of visit is determined by program.
 - Indoor, window, compassionate care and outdoor visits allowed.
 - Outdoor visits are weather-permitting and determined by program.
 - Screening, masks and social distancing required.
- Volunteer programming allowed. Limited to 5 max at a time in building. Covid-19 vaccination required.

Meetings or Groups - Please refer to Alert Level Response

- NCHC in-person meetings allowed. Masks, 6-foot social distancing or physical barriers between individuals required.
- Treatment groups **SUSPENDED** at this time due to current community positivity rates. Only DBT & AODA Groups allowed.
- Non-NCHC groups or meetings are not permitted (i.e., AA, NA) in care areas (nursing homes, outpatient clinics). Wausau Campus Theater is allowed to be scheduled for outside group use. Contact Administration Office 715.848.4405.
- Group sizes for meetings limited based on each County's Positivity Rate. Masks & social distancing required. Meetings require Incident Command approval if in RED or higher # of people than design limit.

HR / Remote Work

- On-site interviews and Orientation are allowed with an option for virtual participation provided.
- Remote Work limited to those requiring exceptions. Please work with Manager and Human Resources if exceptions are required.

PROGRAM-SPECIFIC OPERATIONAL UPDATES

Programs with Operational Changes

Follow General Operational Guidelines (left) in addition to changes below.

- **Mount View:** In-Person Visitation **SUSPENDED** for all units. **Northwinds Vent, Southshore and Gardenside on Enhanced Precautions.** New Admissions only allowed on units not in Enhanced Precautions.
- **Pine Crest:** In-Person Visitation **SUSPENDED** for North and Special Care units only. **North and Special Care on Enhanced Precautions.** New Admissions and in-person visitation allowed for Rehab & South only.
- **Residential Services:** Open and operational.
 - o **Contact Precautions:** Forest Street and Jelinek due to presence of bed bugs.
 - o **Riverview Towers and Riverview Terrace:** Visitation allowed. Visitors and residents must wear a mask when outside of their apartment, in any indoor shared space.
- **Lakeside Recovery/MMT:** Closed. No Admissions.

Open & Operational

Follow General Operational Guidelines (left).

- Adult Day Services – Wausau
- Adult Day Services – Antigo
- Adult Day/Prevocational Services – Merrill
- Adult Protective Services
- Aquatic Therapy Center
- BHS Adult Hospital
- BHS Youth Hospital
- Community Treatment
- Clubhouse
- Crisis Center
- Crisis Stabilization Units (Adult & Youth)
- Hope House - Wausau / Antigo
- McClellan House
- Outpatient Clinics
- Pharmacy
- Prevocational Services – Wausau
- Transportation

Program Hours and Operations Online: www.norcen.org/Covid-19



PHOTO OF THE WEEK



FIRE EMERGENCY PREPAREDNESS

Sarah Rothmeyer, Safety & Security Manager at NCHC, leads staff in Outpatient Services Wausau through a fire drill. There are always new things to learn and great discussion at the drills. NCHC is required to run drills at all our locations on a regular basis, so when the time comes, whether it's a drill or the real thing, you will be prepared! Thanks to Sarah for her efforts to keep us all prepared for emergencies!

SAFETY REMINDER:

IF YOU ARE RESPONDING TO A FACILITY ALERT FOR FIRE, REMEMBER TO BRING YOUR FIRE EXTINGUISHER!



SHARE YOUR PHOTO OF THE WEEK

Email: Communications@nrcen.org
or Text: 715.370.1547



Join the NCHC Team for the
12th Annual Turkey Trot,
benefiting the Marathon County Hunger Coalition
Thursday, November 25, 2021
8:30 a.m. Race begins
<https://www.unitedwaymc.org/turkey-trot/>

Be Sure to Visit Our Website at
nrcen.org/Careers
for the latest Job Opportunities!



**SHARE NCHC
JOB POSTINGS
ON SOCIAL MEDIA!**



Here's how it works...

Step 1: Tell Us About Your Recruit

Text "Refer" to 715.598.3663

Email HResources@nrcen.org

Complete Referral Form in Human Resources

Step 2: Meet Required Criteria

You and your recruit must be in good standing throughout this period and have no written warnings for attendance or other performance.

Step 3: Get Paid!

When your recruit joins the NCHC Team, and you both have met the referral requirements YOU will earn the following:

\$250 after 90 days

\$250 after one year

We value your referrals and know that together we can strengthen our North Central Health Care team. That's why earning some extra cash for your employee referrals has never been simpler. So text that friend, and get the ball rolling.

For additional details and qualification requirements please refer to the Referral Bonus Policy.



REWARDS PROGRAM ENDS SEPTEMBER 30!



North Central Health Care

EMPLOYEE VACCINE REWARDS



- ✓ **Get Your COVID-19 Vaccine.**
- ✓ **Win Big in Daily Drawings.**
- ✓ **Help Stop the Spread.**

COVID-19 vaccines are safe, effective, free, and widely available. NCHC strongly encourages all employees get a COVID-19 vaccine to help protect themselves and others from COVID-19.



North Central Health Care Employees who have received their first dose or are fully vaccinated will be automatically entered in a daily drawing for a chance to

Win Up to \$1,000 DAILY!

First Dose of Vaccine = 1 Entry/Day
Fully Vaccinated = 2 Entries/Day

Mondays = 50 Winners of a \$10 Mastercard

Tuesdays = 20 Winners of a \$25 Mastercard

Wednesdays = 10 Winners of a \$100 Mastercard

Thursdays = 2 Winners of a \$500 Mastercard

Fridays = 1 Winner of a \$1,000 Mastercard

Eligible Employees are **re-entered daily** into a random drawing for a chance to win. Each day the drawing starts over, so every day, every eligible employee can win – **that's multiple opportunities to win each week!**

Drawings Begin Monday, August 30 and Will Continue through Fall 2021!

DAILY WINNERS WILL RECEIVE A WINNING NOTICE TO THEIR WORK EMAIL!

To protect employee privacy, names of winners drawn in random daily drawing will not be published. Department totals will be published each week in the News You Can Use. Daily drawing winners will be notified via email to their @norcen.org work email account. Instructions on how to claim your prize or make arrangements to pick up your prize will be provided in the email. Winning employees will have 3 weeks from the date of the initial notification email to make arrangements to claim their prize or the prize will be forfeited and redistributed in the daily drawings. Winners will be required to sign a Prize Acknowledgment Form certifying receipt that they have received a prize with the monetary value indicated and understand that this prize is considered taxable income and may be subject to income tax withholding and reporting on employee's Form W-2. NCHC reserves the right to end the drawing at any time. Only employees of North Central Health Care are eligible to participate. Verification of vaccination must be on file with NCHC Employee Health to be eligible to participate.

Upcoming NCHC Employee Vaccination Clinics:
September 24 (Just Added!), October 8, November 5,
December 3 • 2-3 pm, Wausau Campus
Link to Sign Up: <https://bit.ly/NCHCCovidVacc>

These departments have employees who have won prizes!
\$12,000 awarded to employees so far!

Are You Vaccinated?
Did You Win?
Check your NCHC email!

	Total \$	Count
Administrative & Support Services	\$ 1,810	40
Adult & Youth Inpatient Hospitals	\$ 725	26
Adult Day & Prevocational Services	\$ 1,255	13
Community Treatment & Outpatient	\$ 575	29
Crisis Services & Stabilization Facilities	\$ 1,320	12
Dietary, EVS, & Laundry	\$ 2,530	37
Mount View Care Center	\$ 2,670	54
Pine Crest Nursing Home	\$ 575	23
Residential Facilities	\$ 540	15
	\$ 12,000	249



ILLNESS FROM COVID-19 AFTER BEING VACCINATED

What is Wisconsin Data Showing Us About Covid-19 Vaccinations?

The Wisconsin Department of Health Services (DHS) has updated the Illness After Vaccination data page with data for August 2021. The data tables displaying cases, hospitalizations, and deaths have been condensed to now have one table showing data by vaccination status and age group, and another now showing data by vaccination status and month. The new table showing data by vaccination status and age group includes an age-adjusted rate. In order to more fairly compare rates of cases, hospitalizations, and deaths among fully vaccinated and not fully vaccinated groups, they do an age adjustment so that the overall rates are based on the same population proportions.

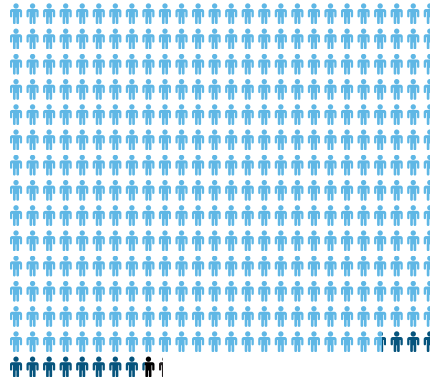
The COVID-19 vaccines are very effective at preventing illness, hospitalization, and death. Wisconsin surveillance data clearly support this. The surge in COVID-19 cases continues to be driven by cases among people who are not fully vaccinated. The COVID-19 vaccines remain the best way to protect yourself, your family, and your community from COVID-19 and the highly infectious Delta variant. High vaccination coverage will not only reduce the spread of the virus, but also help prevent new, and possibly more concerning, variants from emerging.

August 2021: Age-Adjusted COVID-19 Cases, Hospitalizations, and Deaths Among Fully Vaccinated and Not Fully Vaccinated People

Last Updated: 9/15/2021

Fully Vaccinated

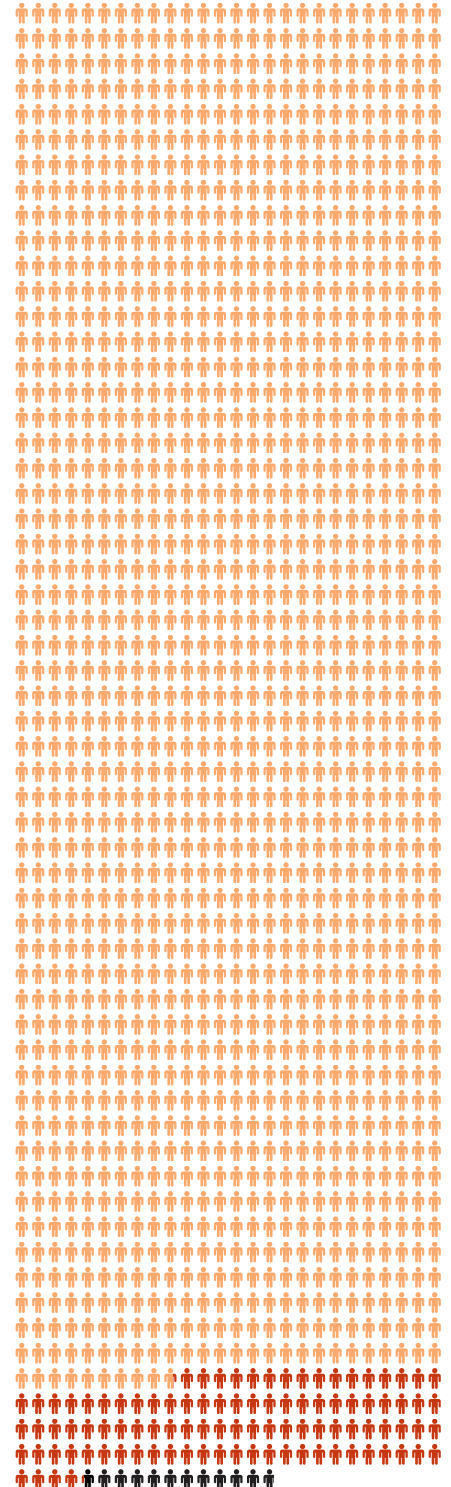
Per 100,000 Fully Vaccinated People



● 360.7 Cases ● 11.5 Hospitalizations ● 1.1 Deaths

Not Fully Vaccinated

Per 100,000 Not Fully Vaccinated People



● 1,413.7 Cases ● 98.5 Hospitalizations ● 11.7 Deaths



Please have your face mask or cloth face covering on BEFORE entering.



September is **FALL PREVENTION** Month!

WE ALL HAVE ROLE TO PLAY IN FALL PREVENTING FALLS!

The beginning of the fall season starts Fall Prevention Month! In September, the NCHC Falls Committee wants to recognize and bring awareness to Fall Prevention Month. This year so far the committee has worked to bring about an organizational wide Fall Prevention and Management program which includes education on proactive rounding and fall huddles, along with an organizational wide assessment.

Each week we will feature a new Fall Prevention awareness activity for staff. When you complete the activities, you will be entered into drawings to win great prizes! Winners will be announced at the end of the month!

**TRIVIA,
CONTESTS
& WINNERS**



September 6-10

Trivia Contest

September 13-17

Fall Prevention Word Search

September 20- 24:

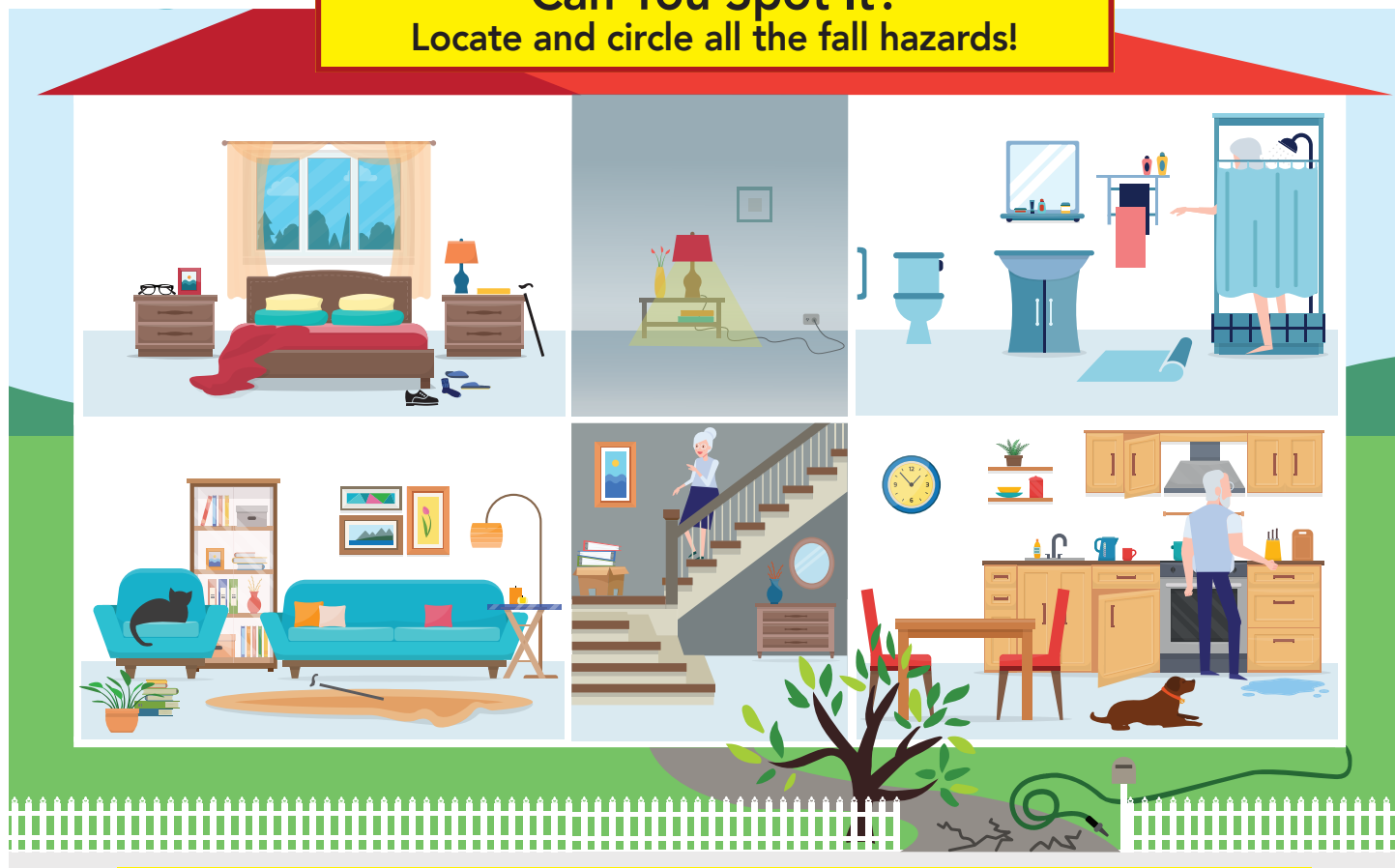
Can You Spot It?

September 27-30

All Winners Announced!



Can You Spot It?
Locate and circle all the fall hazards!



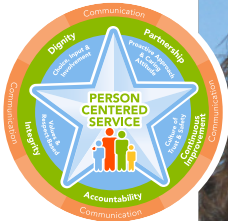
Send to Cagney Martin, Staff Development for your chance to win a prize. Due by Friday September 24th.



SIMPLE STEPS TO

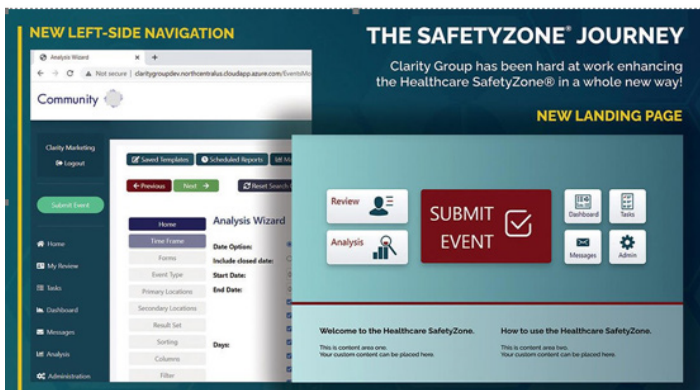
STOP FALLS

RECOGNIZING EMPLOYEES WHO GO ABOVE & BEYOND TO PREVENT FALLS



SHERI LAWRENCE, RN BEHAVIORAL HEALTH HOSPITAL

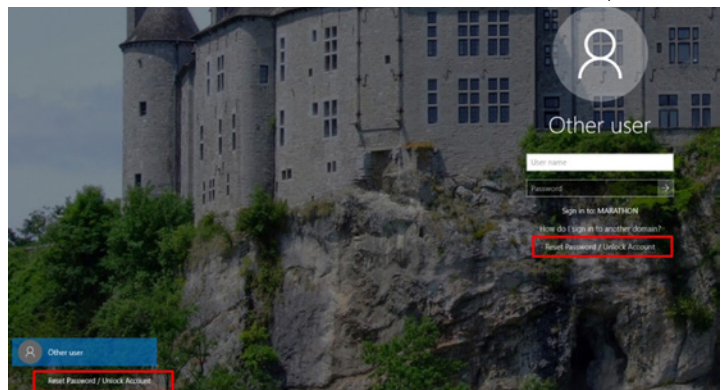
Sheri has a patient on the adult unit with numerous chronic health concerns. Sheri recognized this and placed the patient on falls precautions, it is also noted in patient's care plan. Patient also has oxygen, Sheri asked for help locating portable oxygen to prevent patient from tripping and falling on the tubing. **It was great teamwork!**



NEW PROJECT BEGINNING SOON FOR NETWORK COMPUTERS

Phase 1 Beginning Now

CCITC has begun a project that will allow users to have additional control over security and access. As part of the initial phases of the project, CCITC will begin to push software out to all NCHC PCs. That software is called the 'Gina Agent'. Users may notice this on their locked or login screen (example below).

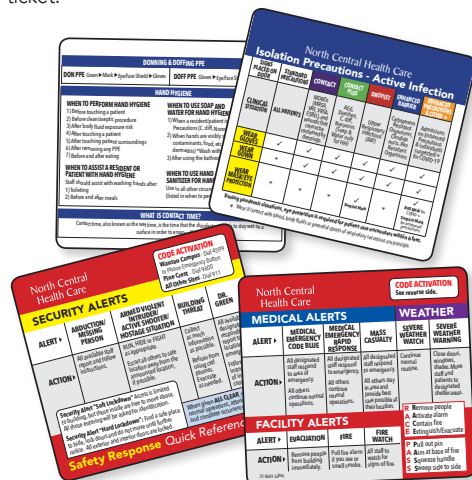


SAFETYZONE NEWS

Beginning Thursday, September 23rd, our SafetyZone system will be migrated to a new modernized layout, designed to bring the various sections of SafetyZone closer to the end user.

Here is a preview of what you can expect, shown to left. The enhancements will not affect user access, usage and so on, just the "look and feel".

If you have any questions, please contact the HelpDesk to open a support ticket.



EMPLOYEES: ARE YOU WEARING THE LATEST BADGE BUDDIES?

Infection Prevention & Safety Response

New Badge Buddies were delivered to all programs in all three counties during August. Managers should have distributed these useful tools for all staff to attached to their badge reels. If you are in need of the new Badge Buddy for Security Response or Infection Prevention, please contact your manager or stop into Human Resources to pick up your new version!



Webex Roundup for September

a monthly look at what's new and what's coming for Meetings



Tips & Tricks

Sharing Content

With the release of the new Immersive Sharing feature this month, let's review some additional Webex sharing options.



Share your screen

Everything that you have on your screen will be visible to participants. Sharing your entire screen is helpful when you are planning to share multiple applications throughout your meeting. Before your meeting, mute notifications and close any personal or sensitive documents. This way, you don't have to worry about accidentally sharing private or distracting information.



Share a specific application

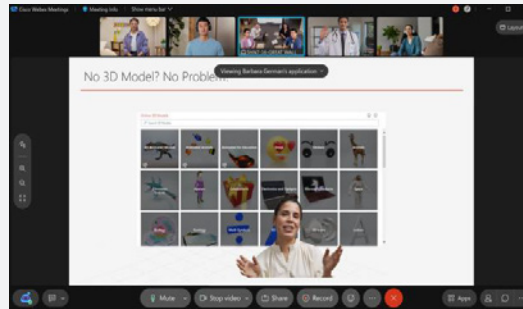
When you share a specific application, participants are unable to see anything other than the shared application. For example, if you have your browser and PowerPoint open and you choose to share PowerPoint, the browser tabs you have open will not be visible to attendees.



Share a whiteboard

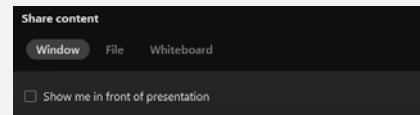
Create a whiteboard to visually share your ideas. Whiteboards shared during a meeting are not automatically saved, so remember to save your whiteboard if you need to reference it after the meeting.

Highlights in this Release



Immersive Sharing

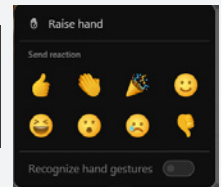
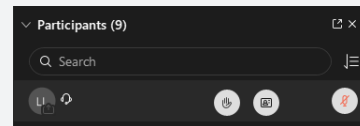
Create a more personal and engaging experience as you present by immersing your video directly into your shared screen or application. In the Share Content menu, there is a new option: **Show me in front of presentation**. Select the check box and your video will be embedded into what you are sharing.



By default, your video is shown in the lower right, but you have full control to resize and position your video anywhere you want during your presentation.

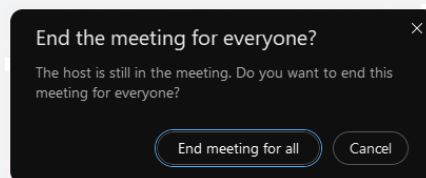
Raise Hand in Breakout Sessions

You can now raise and lower your hand in a breakout session, just like in the main meeting session. Similarly, hosts and cohosts in the breakout session can lower participants' hands once questions have been addressed.



Improved Leave Flow to Prevent Cohosts from Ending the Meeting Accidentally

The leave flow when cohosts end a meeting has been improved to reduce instances of them ending the meeting by mistake. Now, if a cohost chooses **End meeting for all** from the leave menu when a host is still actively in the meeting, they will be given a prompt warning them that the host is still in the meeting. The prompt will ask them to confirm if they really want to end the meeting for everyone or cancel and just leave the meeting instead.



Resources



Webex Help Center

One-stop shop for all your Webex questions. Just search for a keyword and see related help articles.



Online Classes

Sign up for live and interactive instructor-led trainings. Or check out a library of recorded classes.



Keep Reading!

Want to know more about how Webex is taking on the changing face of collaboration? Take a coffee break with the Webex Blog.



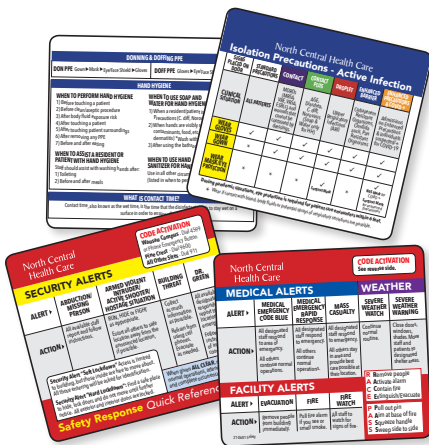
LAKE VIEW HEIGHTS ROOF DEMOLITION

**Expect Loud Noises & Vibration
through week of September 20**

Over the next week, on the Wausau Campus we can expect to hear loud noises and feel vibrations coming from the concrete demolition in the Hub Hallway area across from the Wausau Campus Cafeteria. There will be loud noises and vibration from the demolition of the roof of the Lake View Heights Building.

These noises are likely to be heard throughout the Campus and have the potential to startle those who may be sensitive to noise or vibration. Please be sure to check in with patients, clients and residents and let them know of the additional noises and what this is they are hearing or feeling.

Please contact your manager if you have any questions or concerns from the demolition noises. Managers may contact Marathon County Facilities with questions or concerns.



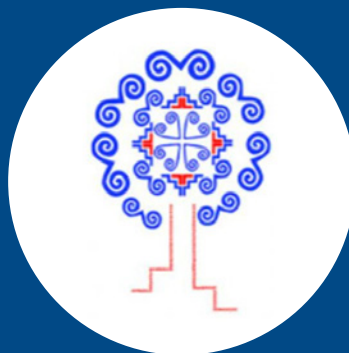
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MENTAL HEALTH IN THE HMONG COMMUNITY

**Training for Behavioral
Healthcare Providers**



**Location:
Virtual**

For questions, contact:
PaHnia Thao: pahnia.thao@thehmonginstitute.org
Peng Her: peng.her@thehmonginstitute.org

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THE HMONG INSTITUTE

<http://thehmonginstitute.org/>



Dr. Dia Cha
Cultural/Medical Anthropologist

Please join our two-part virtual training as Dr. Dia Cha will share her knowledge and experience on how to provide culturally appropriate communication and address language barriers working with the Hmong community.

Why: The Hmong community has been in Wisconsin for over 45 years and there has been limited resources to address the language and cultural barriers between behavioral healthcare providers and the Hmong community. To address these barriers, we are excited to bring to you a Hmong expert who specializes in cultural and medical anthropology to strengthen providers' effort to address communication barriers.

Below are the dates and topics of the two trainings by Dr. Cha.

What: A two-part training workshop to help providers recognize, be in federal LEP compliance, and improve access to services for Hmong clients.

Who Should Attend: Behavioral healthcare providers or interested individuals who would like to gain better knowledge when working with Hmong patients.

Cost: \$55.00 for each session | \$110.00 for both session (Scholarship available on a first-come first-served basis)

When & Topic: See Below

Training Sessions

**CLAS Standards: Culturally Appropriate
Communication and Language Assistance to
Optimize Hmong Behavioral Health Services**
Friday, 9/24/2021 | 10:00 a.m. - 1:00 p.m. CST
Register: <https://tinyurl.com/CLAStraining1>

**CLAS Standards: Operationalizing Culturally
and Linguistically Appropriate Services**
Wednesday, 9/29/2021 | 1:00 p.m. - 4:00 p.m. CST
Register: <https://tinyurl.com/CLAStraining2>



WISCONSIN DEPARTMENT
of HEALTH SERVICES



**NEWS, UPDATES, LINKS,
STORIES, PHOTOS,
VIDEOS!**

GET SOCIAL!
#IamNCHC



SEPTEMBER EVENTS



Airport Family Fun Night

September 24, 2021 | 4pm-10pm

2021 SCHEDULE OF EVENTS

4 PM: Food Trucks & Beverages

Kids Games & Activities:

Balloon Twisting

Partnership for Progressive Agriculture!

Interactive Spudmobile

Humane Society Activities

Girls Scouts Fireworks Themed Activities

Greater Wausau Children's Museum Activities

Marathon County Historical Society Crafts

Additional Activities Coming As Well!

5 PM: Live Music by the Blue Cheese Band

DUSK: FIREWORKS

WAUSAU EVENTS 5K

September 25th, 2021 - Wausau Downtown Airport

DATE: September 25th, 2021

TIME: 9:00 AM Race Starts.

Walkers/Strollers In Back Please. NO "Wheels" - bikes, roller blades, scooters, etc. **No Dogs Allowed.**

LOCATION: Downtown Wausau Airport

REGISTRATION: \$25 pre-race registration (credit card fees apply). Registration Deadline is September 1st to guarantee a t-shirt! Day-of registration will be \$30 and a shirt is not guaranteed. Event will be full at 1,000 entries.

PACKET PICK-UP: Packets can be picked up Friday night at the Fireworks Family Fest from 4 PM to 8 PM. Specific information coming soon! Packets will include your race number with chip, race t-shirt and more!

COURSE: This year's route has significance as it was chosen by Claire's Crew as a way to honor Claire Hornby. The route is flat, fast and very scenic as it takes you through the beautiful Southeast Side Neighborhood. You can view a map [here](#).

AGE GROUPS: There will be Male & Female Age Groups. Awards will be given to the top overall male and female runners as well as the top 3 finishers in each age group and gender. Awards will be handed out around 10:30 AM. Your race number must be clearly visible in order to register a time.

Age Groups Defined:

-14 & Under	-15-19	-20-29	-30-39
-40-49	-50-59	-60-69	-70+

REGISTER ONLINE AT WAUSAU EVENTS.ORG



Walk for Suicide & Mental Health Awareness

prevent suicide
MARATHON COUNTY
PARTNERS SAYING LIVES IN WISCONSIN

Saturday, September 25, 2021

Marathon Park, Wausau

Sign-In: 9:00 am

Walk Begins: 10:00 am

We're Taking It Local!!

All funds raised at this event will be used for the needs of the people of Marathon County and the surrounding area!



Information/Registration:
preventsuicidemarathoncounty.org
Register by September 5 to receive t-shirt



Media Sponsors



Stoney Creek Hotel (Cedar Creek Trailhead)

1100 Imperial Ave. Rothschild, WI

8:30 a.m. - Registration

9:45 a.m. - Promise Garden/Opening Ceremony

10:00 a.m. - Walk Begins



tidbits on benefits

WORK RELATED INJURY PREVENTION AND SAFETY

Did you know that, on average, U.S. hospitals recorded 6.4 work-related injuries and illnesses for every 100 full-time employees, compared with 3.3 per 100 full-time employees for all U.S. industries combined? Did you know 48 percent of all injuries that occur within the healthcare industry are secondary to overexertion or bodily reaction, which includes motions such as lifting, bending, or reaching? (CDC.gov, 2021) These motions often relate to patient handling.

In order to reduce occupational injuries, enhance patient outcomes and safety, as well as enhance your quality of life outside of work please remember the following tips when lifting, transferring, or repositioning patients:

Sherry Hughes, PA



- Never transfer patients/residents when off balance - make sure you have stable footing with a staggered athletic stance.
- Avoiding awkward postures when ambulating or assisting a patient - stay close to your patient, always using a gait belt to guide and steer.
- Put the bed at the optimal height - waist level when providing care; hip level when moving a patient.
- Never lift alone - 2 staff with mechanical lifts, at least 2 staff when repositioning a patient, possible more if handling a patient of size.
- Avoid awkward postures - limit bending at waist across surfaces, use a towel or gait belt as a loop extender.
- Avoid lifting over 35 pounds - and remember not to rotate spine when lifting.
- Knuckles down with lateral transfers - promotes sliding of patient on friction reducing devices instead of lifting. Always use appropriate friction reducing devices (Air assist mats, slide sheets, etc)
- Use the proper safe patient handling device - based on your patient's mobility status. If your patients mobility status has changed or they are not able to follow instructions please take proper steps and defer to the safest mode of transfer for you and your patient.
- Also, avoid running on the floor/ward, ensure proper foot wear with good soles that do not slip. Notify maintenance if there is anything that could be identified as a fall hazard.

CDC.gov. (2013) Safe Patient Handling and Mobility. Retrieved from <https://www.cdc.gov/niosh/topics/safepatient/default.html> on September 16, 2021

CDC.gov. (2012) NIOSH Fast Facts: How to prevent Musculoskeletal Injuries. Retrieved from <https://www.cdc.gov/niosh/docs/2012-120/pdfs/2012-120.pdf?id=10.26616/NIOSH-PUB2012120> on September 16, 2021

NEW IDENTITY PROTECTION BENEFIT FOR EMPLOYEES

Allstate Identity Protection

This policy is replacing the existing identity protection plan, with Identity Guard. The Allstate Identity Protection plan is an enhanced benefit at an affordable cost. Employees that are eligible to enroll in this benefit must be at a minimum 0.5 FTE status or greater. Attached is information about the new plan, as well as how to access the enrollment link.

Information is available in UltiPro/UKG from your computer. Full instructions included in your NCHC email.

To begin, watch one of the helpful videos. Then use the link in UltiPro/UKG to log into the online enrollment portal and complete your enrollment.

The enrollment link for Allstate Identity Protection Pro Plus plan is open now from through September 24, 2021. Elections made during this time take effect as of October 1, 2021.

If you have any questions, please contact Lynn Wengelski in Human Resources at LWengelski@norcen.org or 715-848-4438.

EMPLOYEE HEALTH & WELLNESS CENTER

1100 Lakeview Drive, Wausau, WI
North Central Health Care Campus
Door 25

Schedule an Appointment:
715.843.1256 or MyAspirus.org

Clinic Hours

Monday - Wednesday - Friday: 8:00 am - 4:30 pm
Tuesday: 6:30 am - 3:00 pm
Thursday: 10:00 am - 6:30 pm



Allstate
IDENTITY PROTECTION

stay connected,
stay protected

Since so much of daily life is now spent online, it's more important than ever to stay connected. But more sharing online means more of your personal data may be at risk. In fact, 1 in 6 Americans were impacted by an identity crime in 2020.¹

Identity theft can happen to anyone. That's why your company is offering you Allstate Identity Protection as a benefit. So you can be prepared and help protect your identity and finances from a growing range of threats.

For over 85 years, Allstate has been protecting what matters most. Prepare for what's next with:

- ✓ Financial account and credit monitoring
- ✓ 24/7 alerts and fraud recovery
- ✓ Up to \$1 million identity theft expense reimbursement*

* 2020 Identity Fraud Study, Javelin Strategy & Research

Learn More and Enroll
at
myaip.com/norcen

Questions? 1.800.789.2720



Plans and pricing

Allstate Identity Protection Pro Plus

\$9.95 per person / month
\$17.95 per family / month



WELCOME THESE NEW EMPLOYEES TO THE TEAM!

These employees were welcomed at Orientation on September 13, 2021

IMS



Yuka Yoshino –
Informatics Analyst I

BHS - Hospital



Misti Swanson –
Manager of Inpatient
Client Services

Crisis Services



Tahareh Mohammadian –
Crisis Professional



Thomas Trotter –
Crisis Professional



Danielle Welter –
Crisis Professional

Mount View Care Center



**Princess Dey
Costiniano** – CNA



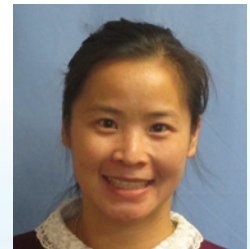
Miranda Dolle –
CNA



Grace Jokinen – CNA -
Post Acute Care



Laural Lee –
Dietary Aide



Pang Houa Vang –
Dietary Aide

Pine Crest



Jodi Doyle – CNA, Long Term Care

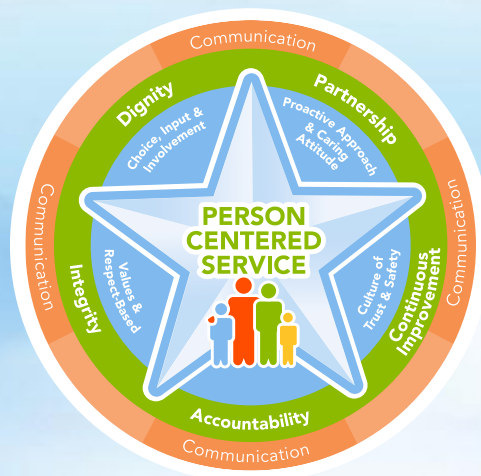
Youth Hospital



DeAnna Dertz –
Manager of Inpatient
Services



Michelle Mikul –
Registered Nurse



*We are so excited to
have you on our team!*



OUTSTANDING TEAM PARTNERSHIP AWARD

IMS Team

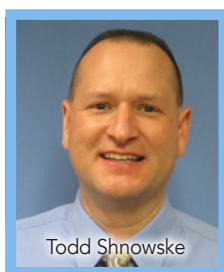
Congratulations to the IMS Team, recipient of NCHC's Outstanding Team Partnership Award. The IMS Team was nominated twice this quarter by Kendra Eisner in Pharmacy and Ashley Downing of HIM/IMS. "This team worked countless hours across the entire organization to launch Go Live with Cerner Millennium. This team was crucial to making the transition go smoothly and

have been a valuable resource for answering tough questions."

"This was an entire team effort and had so many people involved in the project itself, but these people were the superstars!"

"A project like this is not for the faint of heart. It takes a ton of tenacity and patience to make sure we have the software to the state where it is ready to use on the floor."

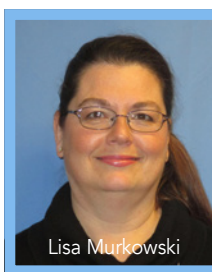
Also nominated for this award was the Jelinek Residential Team, Communications & Marketing, Pine Crest Gardening Team and Pine Crest Quality Team.



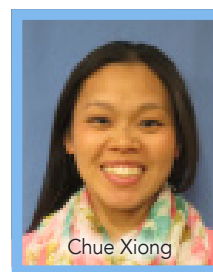
Todd Shnowske



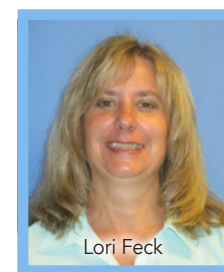
Jennifer Moore



Lisa Murkowski



Chue Xiong



Lori Feck



OUTSTANDING SERVICE EXCELLENCE AWARD

Merry Malone, Accounting

Congratulations to Merry Malone, Accounting Assistant, recipient of NCHC's Outstanding Service Excellence Award. Merry was nominated by Bobby Splinter. Bobby shared that "Accounting had plans for training a newly hired employee in the Cashier's office, however the employee to train the new person decided to depart our organization. Their backup had a family emergency, leaving the new employee's first day on the job with no trainer. Merry went above and beyond by immediately jumping into the cashier's office and sitting with the new employee for the next week and a half, taking time away from her daily/weekly tasks to train. Our new staff felt supported and is better off to a better start than I could have imagined, given the circumstances at hand. Merry has so much knowledge of the processes and procedures. She did a terrific job."

"Merry took the stress off the rest of the department. The Accounting team was extremely busy with preparing critical annual cost reports for Medicaid and Medicare related to MVCC and Pine Crest. Without Merry taking the lead, the rest of the department's assignments would have fallen behind. Further, our residents and community were better served as we were able to keep the Cashier's office open and operational."

"Merry Continually exceeds expectations and has been instrumental in providing pertinent information to other staff on the history of our processes and procedures."

"Merry's great work, adaptability, and integrity make our organization and community better."



OUTSTANDING PERSON-CENTERED SERVICE AWARD

Alexa Kufalk, Outpatient Psychiatry

Congratulations to Alexa Kufalk, recipient of the Outstanding Person-Centered Service Award. Alexa was nominated twice for the award this past quarter, by Lindsay Leach and Cassie Krueger. Her teamwork with Cerner implementation and her leadership skills as a nurse were both highlighted in her nominations.

"Alexa has been a terrific role model for not only her department, but for Community Treatment as well. She continually goes above and beyond by taking on extra roles, responsibilities, and helps out at our other work sites and locations as well. Recently she has taken on the role of Cerner Super User, which has been extremely beneficial for our entire team since she has put so much thought and care into taking that on and taking it on extremely well. Though this has added an extremely large amount of work to her already busy schedule, she does it without complaint, and with enthusiasm to help others. She is always looking for creative solutions to problems or issues we might face and is a leader among her peers. She is truly a wonderful nurse and has great passion for her job. You can see that she enjoys helping take care of those in her community, especially the children, and takes great pride in watching their accomplishments during their care."

"Alexa is a great asset to have on the team as a leader for her peers, a source of knowledge, and as a role model for others in our department to look up to."

Also nominated for this award was Al Barden, Chloe Nylund, Erika Koch, Heather Brownell, Jeff Nelson and Josie Herman.

Nominate a Coworker or Team today! www.norcen.org/Recognition